

# SAINT LUCIA



## DIVING IN SAINT LUCIA

The beautiful Caribbean island that will inspire you



SAINT LUCIA

LET HER INSPIRE YOU



## SEE A COMPLETELY DIFFERENT WORLD

### IMMERSE YOURSELF IN SENSATIONAL SAINT LUCIA

Saint Lucia is one of the most scenic islands in the Caribbean with first-rate diving and snorkelling just off shore. Just as above, there is endless beauty beneath the surface at Saint Lucia's many dive sites teeming with rainbow coral reefs and colourful, varied marine life. The waters are consistently warm with sea temperatures varying from 77°F in the winter to 83°F degrees in the summer.

So whether you're a holiday snorkeller or a seasoned scuba diver, you can enjoy crystal-clear conditions for underwater exploration.

### WORLD-CLASS DIVING LOCATIONS

The most accessible diving and snorkelling sites are situated along the calm west coast in Soufriere, Anse Cochon, Pigeon Island National Park, Rodney Bay and Marigot Bay.

#### Soufriere

In Soufriere, the mesmerising volcanic formations that are the Piton Mountains extend underwater to create incredibly fascinating dive sites. The Key Hole Pinnacle is considered one of the best dive sites in the Caribbean and Superman's Flight, a sloping wall dive, is situated at the base of the Petit Piton a depth of around 1500ft (461m) where the steep slope is covered by soft corals and a great profusion of sea life. The reef at Anse Chastanet has been voted one of the top five shore dives in the Caribbean by Scuba Diving Magazine. The reef lies within a marine park and is perfect for beginners. The shallow plateau at 25 feet can be accessed just off the beach and showcases a grand exhibit of reef life. Whilst you're there you may spot octopus and turtles and deeper down Moray Eels, Parrot Fish and even Sea Horses.

#### Anse Cochon

Another exciting site to explore is the wreck of an intentionally sunken cargo vessel, the Wreck of Lesleen M, located just south of Marigot Bay near Anse Cochon, is covered in soft coral providing a refuge for several species of fish and is a perfect spot for novice divers. For advanced divers, the Wreck of Daini Koyomaru, an intact Japanese vessel teeming with eel and countless fish, invites infinite exploration.

### DIVING FOR EVERYONE

Saint Lucia has an impressive range of diving options to suit every type of diver. Choose from a list that includes wreck diving, night diving, scuba, snorkelling, SNUBA and the amazing sea-trekking.

#### Snorkelling

There are great snorkelling opportunities along the west coast of Saint Lucia. Warm clear waters showcase an array of magnificent sponge and coral reefs and fish which can be spotted just a few yards from shore. Some of the best snorkelling in Saint Lucia and the Caribbean can be found in front of Anse Chastanet beach where, as you enter, you are greeted by schools of Sergeant Majors, Parrot Fish, Trumpet Fish, Needle Fish and many more. Guided snorkel trips and snorkel instruction are available.

#### SNUBA

A combination of scuba diving and snorkelling, SNUBA offers a chance for all the family to experience the beauty Saint Lucia has to offer below the sea as well as above. You do not need any certification or diving experience and those with even the basic swimming skills are able to participate, leaving you free to breathe easily underwater and enjoy the tranquillity and beauty of Saint Lucia's marine life. SNUBA is available around the island.

#### Sea-Trekking

Take a walk on the wet side with a Sea Trek adventure. This activity is as close as it gets to the sensation of walking in space. Trekkers are equipped with the specially designed Sea Trek helmet which sits comfortably on your shoulders. You can breathe freely from a continuous flow of air pumped into the back of the helmet through a hose attached to a Pod system which carries scuba cylinders. There are no masks, no mouthpieces, no stress and no complications. You can even wear your prescription glasses, as your entire head stays dry throughout your underwater reef adventure.

*Discover the beauty beneath the surface, at any one of Saint Lucia's many dive sites.*

*There is a range of professional dive centres, all geared up to accommodate every type of diver. From providing entry level resort courses to PADI certification.*



## PROFESSIONAL DIVE CENTRES IN SAINT LUCIA

### ACTION ADVENTURES DIVERS

Hummingbird Beach  
Soufriere  
758 459 5599  
[aadivers@candw.lc](mailto:aadivers@candw.lc)  
[www.aadivers.net](http://www.aadivers.net)

### BODYHOLIDAY DIVE CENTER

PADI  
Caribblue Beach  
758 4577861  
[scubareception@thebodyholiday.com](mailto:scubareception@thebodyholiday.com)  
[www.thebodyholiday.com](http://www.thebodyholiday.com)

### DIVE FAIR HELEN

PADI / DAN  
Marigot Bay  
758-451-7716  
[www.divefairhelen.com](http://www.divefairhelen.com)

### EASTERN CARIBBEAN DIVING

PADI  
Rodney Bay  
758-456-9581  
[www.easterncaribbeandivingstlucia.com](http://www.easterncaribbeandivingstlucia.com)

### ISLAND DIVERS

PADI  
Anse Cochon  
758-456-8110  
[www.tikaye.com](http://www.tikaye.com)

### IYANOLA DIVE VENTURES

PADI/NAUI  
Ganters Bay & Laborie  
758-71 28858/720 2017  
[scuba@iyanoladiveventures.com](mailto:scuba@iyanoladiveventures.com)  
[www.scuba@iyanoladiveventures.com](http://www.scuba@iyanoladiveventures.com)

### RENDEZVOUS DIVE CENTER

PADI  
Malabar Beach  
758 4577961  
[scuba@theromanticholiday.com](mailto:scuba@theromanticholiday.com)  
[www.theromanticholiday.com](http://www.theromanticholiday.com)

### SANDALS DIVE CENTER

PADIE 5 Star  
Ganter's Bay  
758-452 5042  
[wjohn@grp.sndals.com](mailto:wjohn@grp.sndals.com)  
[www.sandals.com](http://www.sandals.com)

### SCUBA ST. LUCIA

PADI National Geographic / SSI  
Anse Chastanet  
758-459-7755  
[www.scubastlucia.com](http://www.scubastlucia.com)

### SCUBA STEVE'S DIVING

PADI  
Rodney Bay  
758-450-9433  
[www.scubastevesdiving.com](http://www.scubastevesdiving.com)

### SUGAR BEACH A VICEROY RESORT

PADI  
Soufriere  
758-456-8000  
[www.viceroyhotelsandresorts.com](http://www.viceroyhotelsandresorts.com)

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